



Madrid

SAINT LOUIS UNIVERSITY
THE AMERICAN JESUIT UNIVERSITY IN SPAIN

Student Health Care

Medical Care

While the Saint Louis University - Madrid Campus does not require students to submit a medical history, we strongly recommend that you complete one prior to arrival **to keep with your personal records** should a medical need arise. Please find enclosed a form that you may choose to use.

If you would like to be in contact with the Madrid Campus medical liaison to inform him of any pre-existing and/or chronic conditions you may be concerned about during your time in Madrid, please feel free to contact Dr. Ruben Borrás directly at borrasr@madrid.slu.edu. Dr. Borrás speaks English fluently and will be happy to address any personal health questions you may have.

Students with physical disabilities who will require special accommodations are asked to contact Dr. Borrás before their arrival. In the interest of confidentiality, he will only inform University officials of necessary accommodations without disclosure of details about medical conditions. For more information on medical services, please see the Student Handbook.

Immunization Record

While the Madrid Campus does not require students to submit an immunization record, we strongly recommend that if you plan to do any travel outside of Spain, you complete one prior to arrival **to keep with your personal records** as it may be needed to meet visa requirements. Please find enclosed a form that you may choose to use.

Prescription Medication

If you regularly take a prescription drug, please bring enough medication for the full semester with a letter from your doctor to present to Spanish Customs, if solicited, or to a doctor in Madrid in case the medication must be refilled. **Do not send medication by mail as packages may be lost or confiscated by Spanish Customs.** Please note that not every medication prescribed elsewhere may be legally available in Spain. For example, the prescription medication *Adderall* is neither legally prescribed nor possessed in Spain. For further information regarding psychotropic medications, please see comments below under Counseling Services.

Counseling Services

The counseling services offered on the Madrid Campus are aimed at helping students to enhance their academic and personal well-being. Students are provided with the opportunity to explore concerns within the context of a confidential relationship and are supported with resources to make positive changes.

Students may seek counseling for difficulties related to adjustment to life in Spain; insomnia; relationship issues; stress management and/or time management problems; problematic sleeping and/or eating patterns; alcohol and drug problems; anxiety; depression; suicidal thinking; death or bereavement; physical, sexual or emotional abuse; sexuality issues, or other concerns that may affect them. Please contact one of the counselors if you would like to take advantage of this helpful service.

If you are currently receiving psychological services and would like to continue to do so while in Madrid, you may contact the counselors before your arrival to set up an appointment.

If you are currently receiving psychiatric services and/or taking psychotropic medications, please contact one of the counselors prior to your arrival to inquire about the availability of your medications in Madrid and to coordinate the continuation of your treatment. Again, when possible, please bring enough medication for the full semester with a letter from your doctor to present to Spanish Customs, if solicited, or to a doctor in Madrid in case the medication must be refilled. The Madrid Campus Counseling Center can also provide referrals to a bilingual psychiatrist in Madrid who can provide medical services if needed.

Please contact counselor Vickie Andrews, M.S. vandrew1@slu.edu or counselor Laurie Mazzuca, Ph.D. lmazzuc1@slu.edu (Tel: (34) 91-554-5858, ext. 230) in the Madrid Campus Counseling Center to answer any questions you might have.

Academic Accommodations

Students who wish to receive special classroom/academic accommodations due to a documented disability that interferes with learning or academic achievement should contact one of the University counselors directly.

<http://spain.slu.edu>



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Student Health Care

Health Insurance

All students are required to carry adequate health insurance while studying in Madrid. To that end, we automatically insure all students who are registered for at least 1 credit under a health insurance plan for the length of each semester which provides coverage through *SANITAS*, one of Spain's most respected private health insurance providers. Known as *SANITAS Multi*, it covers visits to an extensive list of physicians (general practitioners and specialists), as well as stays in the finest clinics and hospitals. **Students who have registered for classes** will be given a *SANITAS* insurance card (to be picked up in the Office of Student Life) that covers all medical expenses associated with *SANITAS* health care for each semester in which the student is registered. Student coverage is normally for complete months. This coverage extends outside of Spain for any trip not exceeding 90 days.

The *SANITAS* insurance card will be renewed by the University each semester and **a new card will be available for students to pick up at the beginning of each semester in the Office of Student Life.**

For more information about the coverage of *SANITAS Multi*, click on <http://www.sanitas.es> or http://spain.slu.edu/student_life/medical_information/multi_sanitas_health_insurance.html, or contact the Office of Finance at finance-madrid@slu.edu.

In case of illness, the Office of Student Life will assist you in making an appointment with a *SANITAS* doctor. Please contact counselor Eduardo Fernández, efernan6@slu.edu (Tel: (34) 91-554-5858, ext. 230) in the Madrid Campus Counseling Center to answer any questions you might have.